

Kindness Counts

Kindergarten - First

Caring

Standards: SS.1.C.2.4 Show respect and kindness to people and animals.

Goal: Students will be able to demonstrate what it means to be kind to others.

Scale:

- 1- I do not know what it means to care for others.
- 2- I can identify one way to care for someone else.
- 3- I can identify at least 3 ways to care for others in the world around me.
- 4- I can identify 3 or more ways to care for others and I can teach others to do the same.

Materials:

- Copies of "Kindness Counts" Worksheet
- Book: Kindness Counts by Jan and Mike Berenstain (Link: <https://www.youtube.com/watch?v=eb-goRcue1w>)
- Writing Utensil
- Chart Paper

Procedure:

DQ2: Intro/Review/Engage: Ask students to define kindness in their own way.

If students are struggling with defining kindness, have them answer the following questions verbally:

Is kindness showing concern for how others are doing?

Is kindness showing that you care about anyone or anything that crosses your path?

Is kindness doing nice things that brighten people's lives like stepping on their piece of artwork that they worked so hard on?

Can kindness be caring for an animal or caring for the earth?

How can you show kindness to someone who is sad or needs help?

The world would be lonely and cold without kindness. Being kind helps us feel the connectedness we have with all other living things. Being kind to each other, to animals, and to the earth makes things better for every one of us.

DQ2: Direct Instruction: Read the story "Kindness Counts" by Jan and Mike Berenstain. Throughout the story, stop at various locations to ask if the deeds that the bears are performing are showing kindness or not?

DQ2: Shared Practice: After reading the story, have students turn and talk to a buddy about a way that they can be kind to one another. Have students share their ideas out loud and write them on a piece of chart paper for them to refer back to during the independent practice.

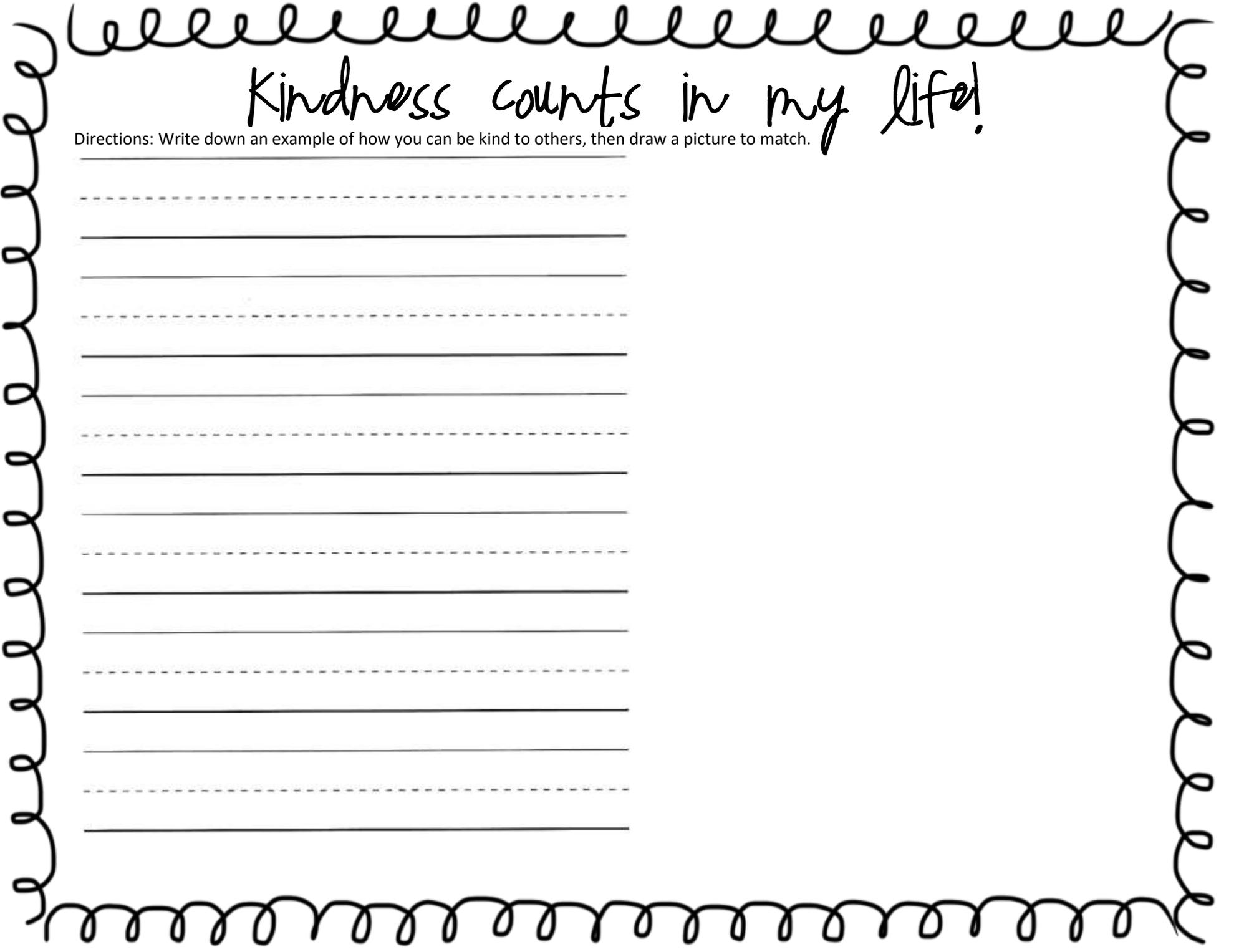
DQ3, 4: Independent Practice: Direct their attention to the "Kindness Counts" worksheets.

Tell the students that they are going to have to draw and write down a way that they can be kind to someone or something else. Give them a moment to recall what they told their buddy and/or shared out loud.

Extension Activity: Music: "Kindness," by Red Grammer (play twice): <https://www.youtube.com/watch?v=SNVUA-99tF8>

Every time you hear the word "kindness" in the song, raise both of your hands high in the air. The second time through, shout out "KINDNESS!" each time you hear the word.

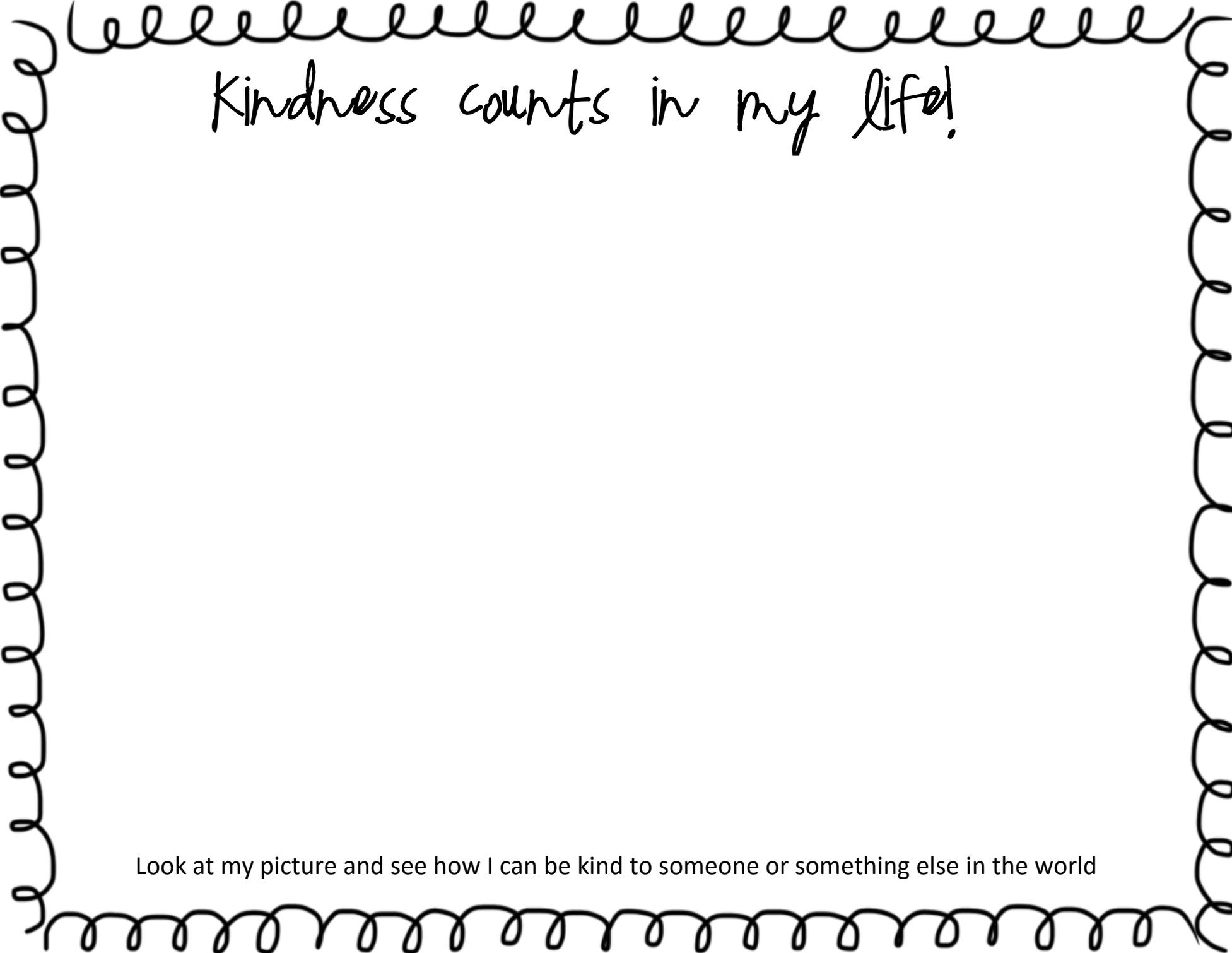
Reflection:



Kindness counts in my life!

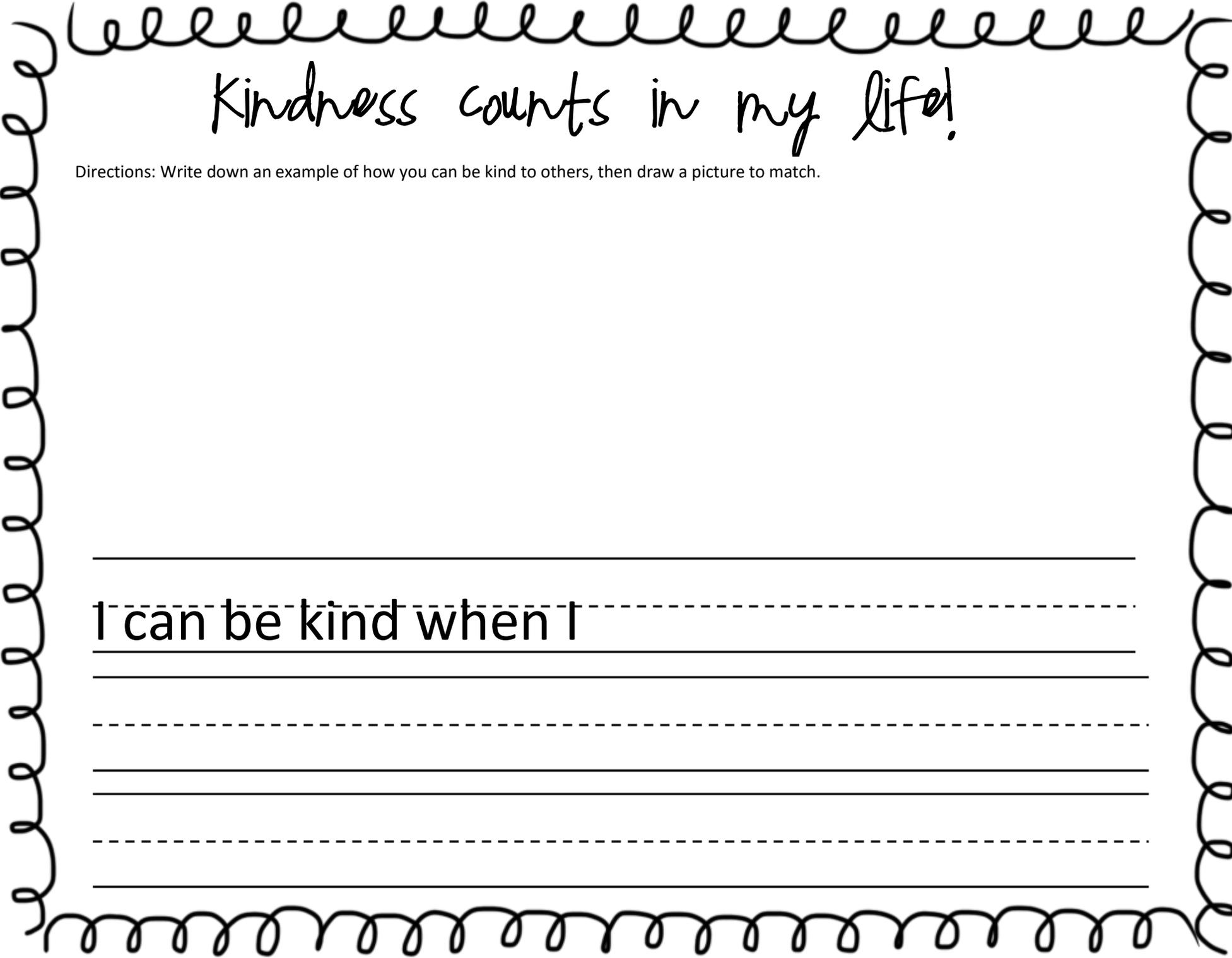
Directions: Write down an example of how you can be kind to others, then draw a picture to match.

Handwriting practice area with ten sets of lines. Each set consists of a solid top line, a dashed middle line, and a solid bottom line.



Kindness counts in my life!

Look at my picture and see how I can be kind to someone or something else in the world



Kindness counts in my life!

Directions: Write down an example of how you can be kind to others, then draw a picture to match.

I can be kind when I