

Think Before you Act

Tops and Bottoms

Goal: Students will learn how to choose and set appropriate goals

Materials:

- Chart paper - Responsibility
- Book – *Tops & Bottoms*
- Reflecting on actions activity sheet

Procedure:

DQ2: Intro/Review/Engage: Review the 6 pillars of character. Discuss what it means to have self-control and think before you act. Ask students if they have ever done anything that they later wished they had not. Discuss what they did after things did not go well, after they received the consequences of their actions.

Explain to students that they are being “reflective” when they think about things that happened in the past. Explain that all people make mistakes or bad choices. What makes us “reflective” is when we stop and think about our actions and how we can do better next time. Tell students that you are going to read the book *Tops and Bottoms* and that they will need to be listening for Bear’s actions and inactions and what lesson Bear learned by the end of the story.

After reading the story, ask the students:

What choices did Bear make?

Were his choices good or bad?

Did Bear learn a lesson in the end?

How do you think Bear will act next time he needs to plant and harvest crops?

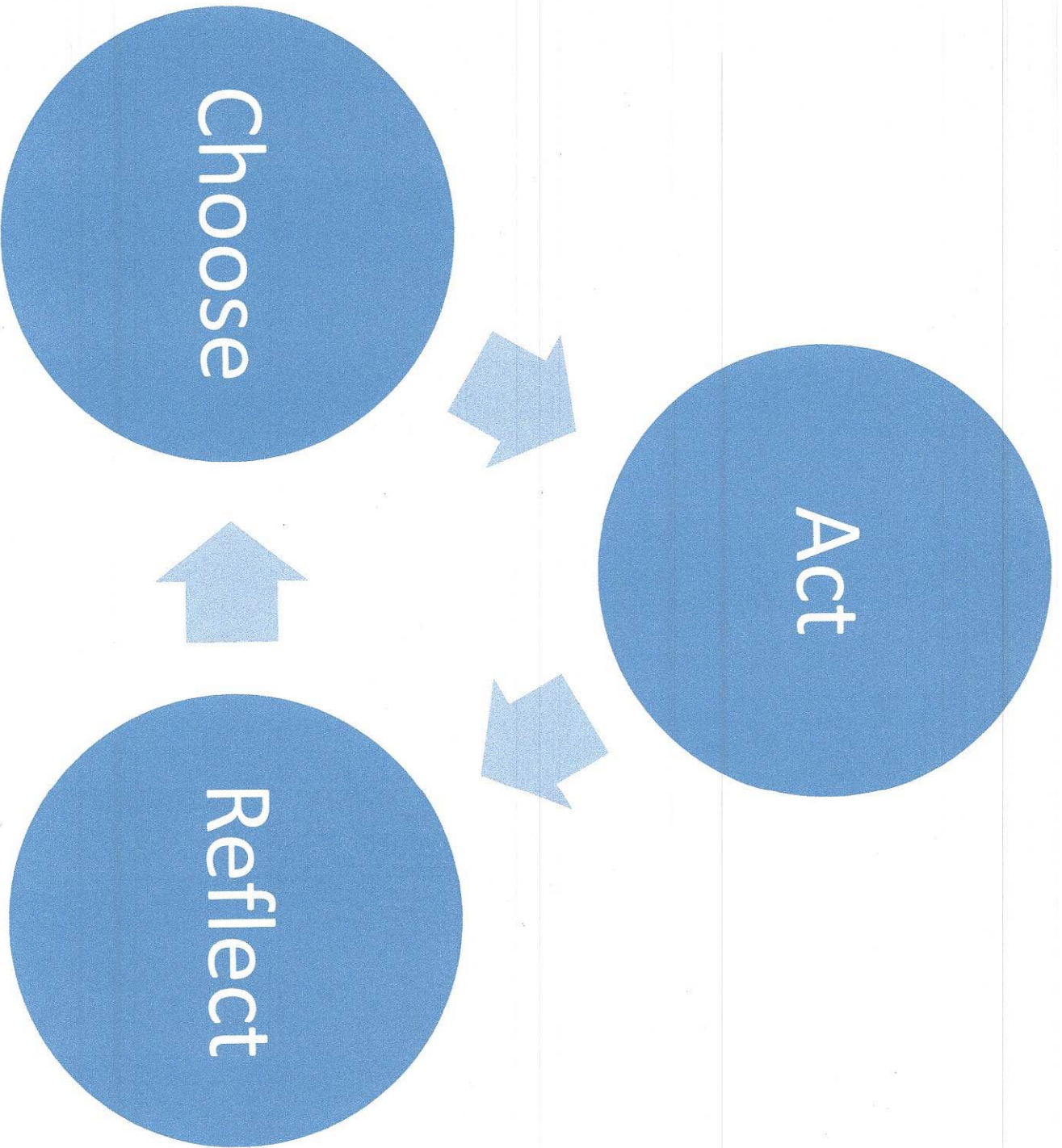
What could have been some of the consequences of Bear’s actions?

DQ2: Shared Practice: Discuss with students the Venn diagram. Point out how Hare and Bare made different choices when planning for the harvest, point out a couple similar choice they made.

DQ3, 4: Independent Practice: Pass out the blank Venn diagrams. Have students work in pairs to complete the Venn diagram. If there is time at the end, ask two or three groups to share.

Extension Activity: Have students work in groups to role-play times that they were reflective.

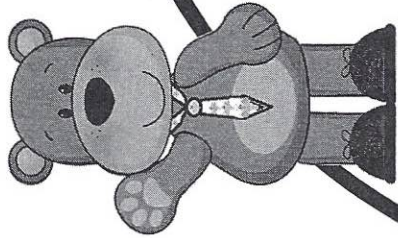
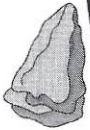
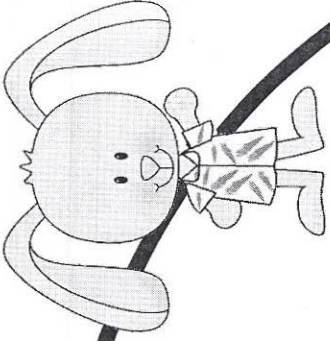
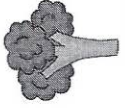
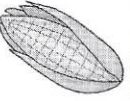
Reflection:



Name: _____



Venn Diagram



Bear

Both

Hare

