

Think Before you Act

Lily's Purple Plastic Purse

Goal: Students will learn how to choose and set appropriate goals

Materials:

- Chart Paper
- Book: *Lily's Purple Plastic Purse*
- Reflecting on actions activity sheet

Procedure:

DQ2: Intro/Review/Engage: Review the 6 pillars of character. Discuss what it means to have self-control and think before you act. Ask students if they have ever done anything that they later wished they had not. Discuss what they did after things did not go well, after they received the consequences of their actions.

DQ2: Direct Instruction: Explain to the students they are being "reflective" when they think about things that happened in the past. Explain that all people make mistakes or bad choices. What makes us reflective is when we stop and think about our actions and how we can do better next time. Tell them that you are going to read the book *Lily's Purple Plastic Purse* and that they need to be listening to Lily's action and how Lily became a better person at the end of the story.

After reading the story, ask students:

What choices did Lily make?

Were her choices good or bad?

Did Lily learn a lesson in the end?

How do you think Lily will act next time she wants to share something with her class?

DQ2: Shared Practice: As a class, complete the reflection sheet as if you were Lily. Next ask students to think of a time when they made bad choices. Have students pair up and share the situation with each other. Call on two or three students to share with the class what they discussed.

DQ3, 4: Independent Practice: Pass out blank reflective sheets. Have each student fill in the sheet with his or her example. 1st grade can write and draw examples.

Extension Activity:

Name: _____

Directions: Read the questions and write a sentence to answer it in the box below. Then, draw a picture to go with it.

<p>Act (What did you do?)</p>	<p>Reflect (What happened after you acted? How did that make you feel? How did it make others feel?)</p>	<p>Choose (What will you do to make things better the next time the same thing happens?)</p>
		

